

Incision and Drainage of Chalazion

Indication for procedure

Dr Then has diagnosed you with a chalazion, which is a small hard lump in your eyelid due to trapped and inflamed sebaceous (fatty) secretions in the eyelid. Your chalazion has not responded to conservative treatments, including hot compresses, lid massage or steroid cream. Therefore, surgery has been recommended to remove the chalazion. This surgery is known as an incision and curettage procedure.

Proposed procedure (incision and curettage)

This surgery will occur in our procedure room (and occasionally in hospital if indicated by Dr Then). After you have been comfortably positioned in our chair (in rooms) or on the operating table (in hospital), local anaesthesia will be injected into the skin of the eyelid around the chalazion. The eyelid is then washed with an antiseptic and a small clamp is gently placed on the eyelid around the chalazion. The eyelid is then gently everted to expose the undersurface of the eyelid. An incision is made onto the back-surface of the chalazion, and a special curette (tiny spoon) is used to scoop and drain the contents of the chalazion. Gentle pressure will stop any bleeding. The eyelid is then cleaned, and an eye patch placed on the eye. This eye patch can normally be removed the following morning.

Risks of surgery

Adverse effects from incision and drainage of chalazion are rare but may include:

- Infection
- Bleeding
- Pain
- Loss of lashes and eyelid notching in the involved area

Chalazia may also recur, and repeat treatment may be required.

Patient acceptance of risk

It is impossible for Dr Then to inform of every possible complication that may occur. Results cannot be guaranteed and more treatment/surgery may be necessary.

We confirm you have signed a consent form with Dr Then to proceed with this procedure.

Dr Then has answered any questions to your satisfaction and costs of having the incision and curettage performed have been explained.

If you have any additional queries, please do not hesitate to call 9535 4321.